



**COVID-19 Return to Gymnastics Guidance:
Hinckley and Burbage Gymnastics Club
Pre-School**

This document contains the changes which will be implemented upon our return to gymnastics in response to the guidance released by the government and British Gymnastics regarding COVID-19.

General Notes:

- Please could we stress that if your child or anyone from your household develops symptoms of COVID-19, your child should not be brought to gymnastics and you should follow the latest government isolation guidelines.
- By bringing your child to gymnastics you are consenting to the club passing on your child's name and contact number to NHS Track & Trace should this information be requested by them.
- Whilst we have plans in place to ensure that gymnasts follow social distancing at all times, since we are working with children we cannot guarantee that this will be the case.
- If your child starts school in September 2020, please remember they will need to attend their new recreational class (as communicated to yourself by Sharon) when we reopen so please see the recreational class document on our website.
- Due to social distancing restrictions we can only accommodate the child that is on the register for the class (i.e. no siblings/cousins/friends)

Drop Off/Collection:

- Enter the gym as you normally would do for pre-school classes through the large shutter doors.
- Social distancing rules (2m) must be observed by waiting gymnasts and parents by forming queues in the reception/function rooms. It is your responsibility to keep your child and yourself at a social distance from other people.
- Upon entering through the main gym door, gymnasts and parents will be required to use the hand sanitizer provided.

Within The Gym:

- Drinks: The water fountain cannot be used so if required please bring a drinks bottle with you. This drink will need to be left in the reception/function room.
- British Gymnastics guidelines mean that we are not allowed to use foam pits or to support gymnasts ourselves, this is something we will discuss more with you at your first session.

Thank you for all of your support at this time, we are looking forward to seeing you all soon!

Sharon and Lee